



Ward A

Psychiatric ward

The 25 bedded unit is situated on the 11th floor of the hospital, divided into female and male. It is a voluntary admission for patients from 16 years and older. Patients need to book a bed before coming for admission.

NB: No walk-in patients are allowed.

It is a 24hrs operational unit, manned by experienced and trained Psychiatric nursing staff

TREATMENT IS PROVIDED FOR THE FOLLOWING PSYCHIATRIC DISORDERS:

- Mood disorders
- Anxiety disorders

We have a multi-disciplinary team consisting of:

- Psychiatrists
- Psychologists
- Social Workers
- Occupational Therapists
- Psychiatric Nurses
- Dieticians
- Physiotherapists

NB:

The duration of treatment is determined by the treating psychiatrist, availability of medical aid benefits and patient individual needs.



ADMISSION PROGRAMME

- Psychiatric evaluation and daily consultation.
- Psychological assessment and daily individual therapy.
- Therapeutic group session.
- Occupation therapy.
- Recreational activities.

Admission Requirements:

- Identity document and medical aid.
- Chronic medication used at home.
- Bring along casual seasonal clothing from home.

Admission arrangements and bookings are finalised with the admitting Psychiatrist.